

Appendix 3

Information for patrols starting from AROLLA

As of 15th August 2023

1st paragraph presentation of the race Z

1. Dates

Race A1: Wednesday 17th April 2024
 Race A2: Saturday 20th April 2024

All races can be anticipated or postponed by 24 hours.

2. Start times race A

Races A1/A2: 03:30 – 04:00 – 04:30 – 05:00 – 06:00 – 06:30

3. Track A (altitudes / points)

Length: 29,6 km / vertical drop: +2200 m, -2728 m¹.
 Checkpoint: timekeeping (possibly subsistence and medical service)
 Transit points: not necessarily occupied (e.g. safety, withdrawal, neutralization, subsistence, change/transition zone, disqualification, give-up for exceeding the time limit etc.)

N°	Name of the checkpoint (Transit point)	Altitude	Time limits
6	AROLLA (Start)	2000 m	
7	COMBE DU PAS DE CHÈVRES	2741 m	08:15
	COL DE TSENÂ RÉFIEN (Transit point)	2951 m	
8	LES DIX	2690 m	
	PAS DU CHAT (Transit point)	2370 m	
9	LA BARME (Service point)	2457 m	

¹ Federal Office of Topography swisstopo, based on geo-data from the PdG 2018 edition

N°	Name of the checkpoint (Transit point)	Altitude	Time limits
	LES ECOULAIES (Transit point)	2562 m	10:45
10	LA ROSABLANCHE	3191 m	13:00
	COL DE MOMIN (Transit point)	3000 m	
	LAC DU PETIT MONT FORT (Transit point)	2763 m	
11	COL DE LA CHAUX	2939 m	
12	LES RUINETTES	2200 m	
	TÉLÉCABINE (Transit point)	1521 m	
13	VERBIER (Finish)	1472 m	17:00

The time limits and the finish in VERBIER are defined independently the start time.

All patrols that have not passed the checkpoints and transit points within the assigned time will be stopped and considered as to have given-up. They will have to follow the instructions given by the PdG Command. The Commander of the PdG reserves the right to adapt the time limits according to the weather conditions and circumstances at the time.

4. Particularities of the race A

1. The patrols gather at the SION barracks for the material check and the handover of bibs / race numbers on presentation of the withdrawal form sent by the timekeeper, before being transported by bus to AROLLA. A snack will be served in SION. The SION site opens at 14:00 one day before the race.
The road to LES HAUDÈRES – AROLLA will be closed to the traffic during the race phases.
Private vehicles may park on the SION barracks site in the allocated parking space until 23th April 2024. Vehicles must have the "surname", "first name", start number and mobile number of a contact person clearly visible on the windscreen.
2. The patrol must present itself in full, in accordance with the published start list (3 participants) in AROLLA and take the start. Prior to this, the Avalanche transceiver will be checked and the tracker will be handed over in AROLLA.
3. All patrols must reach the checkpoint COMBE DU PAS DE CHÈVRES in full.

4. The checkpoint COMBE DU PAS DE CHÈVRES must be reached within 1:45 after the start in AROLLA. Patrols that exceed this time limit, will be stopped and treated as given-up patrols. They will have to follow the instructions of the chief of checkpoint and will have to announce themselves at the start in AROLLA.
5. The checkpoint COMBE DU PAS DE CHÈVRES opens at 04:00. Patrols arriving before this time, must wait for the opening. The race time is not neutralized during this time.
6. For the descent from the checkpoint LES RUINETTES to VERBIER, it is compulsory to take the ski slope to the right of the cable car. It is forbidden to descend under the cable car. The checkpoint "TÉLÉCABINE" (MÉDRAN station) is compulsory.
7. Until the finish, it is imperative that the track have been completed in its entirety.

5. Timetable / starting time

Table used to estimate and choose the starting time.

Starting time Estimated time	03:30	04:00	04:30	05:00	06:00	06:30 ¹⁾
12 hours	X					
11 hours	X	X				
10 hours		X	X			
9 hours		X	X			
8 hours		X	X	X		
7 hours				X	X	
6 hours				X	X	
5 hours					X	X
4 hours						X
3 hours						X

¹⁾ Compulsory start time for elite

2nd paragraph Agenda for the races A1/A2

Tuesday, 16th April 2024 (A1) and Friday, 19th April 2024 (A2)

From 14:00	<p>Preparations for the material check in SION:</p> <ul style="list-style-type: none"> – Registration of the patrols on site. Routes are signposted; – A medical check can be provided on request; – after the identity check, bibs / race numbers are handed over on presentation of the withdrawal form sent by the timekeeper, together with the wristband; – complete control of the ordered material and equipment; – Shuttles are available from the SBB station to the barracks in SION.
At 16:30 or 18:00	<p>Opening ceremony of the Patrouille des Glaciers in the church of ZERMATT. Final briefing for participants by the Commander of the PdG.</p>
At 23:00	<p>Snack for all participants assembled in SION at the multi-purpose hall BARBARA.</p>

Wednesday, 17th April 2024 (A1) and Saturday, 20th April 2024 (A2)

From 01:30	<p>Assigned autocars in SION are ready for departure according the timetable.</p>
From 02:30	<p>The patrols must be on site at latest 45 minutes before the start.</p> <p>Tea and snack in the AROLLA tent.</p> <p>Announcements to prepare the starts.</p> <p>Handing over and check of the technical equipment such as GPS, mobile phone and avalanche transeiver.</p>
From 03:30	<p>Starts</p> <p>Each start is preceded by a ceremonial moment.</p>
At 07:00	<p>The patrols arrive in VERBIER.</p> <p>As soon as they arrive, the equipment will be checked, anti-doping controls by sampling and recovery.</p>

At 14:30	Results and prize-giving ceremony in the PdG-Village. Depending on the race day conditions, the time and location can be changed.
After	Distribution of the medals and souvenir-price. Return by public transport to your residence or to the vehicle parking in SION.
At 17:00	End of timekeeping

Remarks in the event of anticipation or postponement

In all cases, it is imperative to follow the instructions of the PdG Command during and outside race days. This is particularly the case if there is an early start or a postponement. For safety reasons, travel in the mountains may be prohibited due to unfavorable weather conditions.

Remark: if you have booked your own accommodation, please contact the hotel / accommodation directly.
