Appendix 2 Information for patrols starting from ZERMATT

As of 15th August 2023

1st paragraph presentation of the race Z

1. Dates

Race Z1: Tuesday 16th and Wednesday 17th April 2024
Race Z2: Friday 19th and Saturday 20th April 2024

All races can be anticipated or postponed by 24 hours.

2. Start-times race Z

Race Z1: $22:00 - 22:45 - 23:30 - 00:15 - 01:30^{1}$ Race Z2: $22:00 - 22:45 - 23:30 - 00:15 - 01:30 - 02:00^{2} - 03:00^{3}$

Start-times can be anticipated.

3. Track Z (altitudes / points)

Length: 57,5 km / vertical drop: +4386 m, -4519 m¹.

Checkpoints: timekeeping (possibly subsistence and medical

service)

Transit points: not necessarily occupied (e.g. safety, withdrawal,

neutralization, subsistence, change/transition zone, disqualification, give-up for exceeding the time limit

etc.)

¹ Compulsory start-time for elite (M/F/mixed categories) Z1

² Start-time exclusively for Z2 female patrols

³ Start-time exclusively for elite patrols (M/mixed) Z2

 $^{^{\}rm 1}$ Federal Office of Topography swisstopo, based on geo-data from the PdG 2018 edition

| N° | Name of the checkpoint (Transit point) | Altitude | Time limits |
|----|--|----------|------------------|
| 1 | ZERMATT (Start) | 1605 m | |
| | FURI (Transit point) | 1862 m | |
| | OBER STAFEL (Transit point: pump station) | 2178 m | |
| 2 | SCHÖNBIEL | 2480 m | Start time + 3 h |
| | STÖCKJI (Transit point) | 3140 m | |
| 3 | TÊTE BLANCHE | 3650 m | |
| | GLACIER DU MONT MINÉ (Transit point) | 3180 m | |
| 4 | COL DE BERTOL | 3264 m | |
| 5 | PLAN BERTOL | 2664 m | |
| 6 | AROLLA (ski lift Fontanesses / Service point) | 1990 m | 06:30 *) |
| 7 | COMBE DU PAS DE CHÈVRES | 2741 m | 08:15 |
| | COL DE RIEDMATTEN (Transit point) | 2918 m | |
| 8 | LES DIX | 2690 m | |
| | PAS DU CHAT Transit point) | 2370 m | |
| 9 | LA BARME (Service point | 2457 m | |
| | LES ECOULAIES (Transit point) | 2562 m | 10:45 |
| 10 | LA ROSABLANCHE | 3191 m | 13:00 |
| | COL DE MOMIN (Transit point) | 3000 m | |
| | LAC DU PETIT MONT FORT (Transit point) | 2763 m | |
| 11 | COL DE LA CHAUX | 2939 m | |
| 12 | LES RUINETTES | 2200 m | |
| | TÉLÉCABINE (Transit point) | 1521 m | |
| 13 | VERBIER (Finish) | 1472 m | 17:00 |

^{*)} except start Z2 from 03:00

The time limits and the finish in VERBIER are defined independently the start time.

All patrols that have not passed the checkpoints and transit points within the assigned time will be stopped and considered as to have given-up. They will have to follow the instructions given by the PdG Command. The Commander of the PdG reserves the right to adapt the time limits according to the weather conditions and circumstances at the time.

4. Particularities of the race Z

- 1. The patrol must present itself in full, in accordance with the published start list (3 participants) in ZERMATT and take the start.
- 2. All patrols must reach the checkpoint SCHÖNBIEL in full.
- 3. During the ascent from ZERMATT to SCHÖNBIEL, the transit point OBER STAFEL must be passed. At this point, the PdG Command can check the participants' equipment.
- 4. The checkpoint SCHÖNBIEL must be reached within 3 hours after the start in ZERMATT. Patrols that exceed this time limit, will be stopped and treated as given-up patrols. They will have to follow the instructions of the chief of checkpoint and will have to announce themselves at the start in ZERMATT.
- 5. The checkpoint SCHÖNBIEL opens at 23:30. Patrols arriving before this time, must wait for the opening. The race time is not neutralized during this time.
- Patrols must use ropes from the checkpoint SCHÖNBIEL to the checkpoint COL DE BERTOL. The PdG Command may also order use ropes or the use of fixed ropes at other points along the track if necessary.
- 7. For the descent from the checkpoint LES RUINETTES to VERBIER, it is compulsory to take the ski slope to the right of the cable car. It is forbidden to descend under the cable car. The checkpoint "TÉLÉCABINE" (MÉDRAN station) is compulsory.
- 8. Until the finish, it is imperative that the track have been completed in its entirety.

5. Timetable / starting time

Table used to estimate and choose the starting time.

| Starting time Estimated time: | 22:00 | 22:45 | 23:30 | 00:15 | 01:301 | 02:002 | 03:00 ³ |
|-------------------------------|-------|-------|-------|-------|--------|--------|--------------------|
| 18 hours | X | | | | | | |
| 17 hours | X | X | | | | | |
| 16 hours | | X | X | | | | |
| 15 hours | | | X | | | | |
| 14 hours | | | X | | | | |
| 13 hours | | | X | X | | | |
| 12 hours | | | X | X | | | |
| 11 hours | | | | X | X | | |
| 10 hours | | | | X | X | | |
| 9 hours | | | | | X | | |
| 8 hours | | | | | X | | |
| 7 hours | | | | | | X | X |
| 6 hours | | | | | | X | X |

¹ Compulsory start-time for elite (M/F/mixed categories) Z1

2nd paragraph Agenda for the races Z1/Z2

Tuesday 16th April 2024 (Z1) and Friday 19th April 2024 (Z2)

The timetable below remains valid in the event of a race anticipation or post-ponement.

| From 08:30 to 17:00 | Participants announce themselves at the Triftbachhalle in ZERMATT. |
|------------------------|---|
| From 08:30 to 17:00 | Preparations: - a medical check can be provided on request; - after the identity check, bibs / race numbers are handed over on presentation of the withdrawal form sent by the timekeeper, together with the wristband; - complete control of the ordered material and equipment; - accommodations are avalable from 14:00. |
| At 16:30 or 18:00 | Opening ceremony of the Patrouille des Glaciers in the church of ZERMATT. Final briefing for participants by the Commander of the PdG. |

² Start-time exclusively for Z2 female patrols

³ Start-time exclusively for elite patrols (M/mixed) Z2

| | The opening ceremony will be projected on defined locations and will also be broadcasted live on www.pdg.ch and social network streaming. |
|--|--|
| From 18:00 or from 19:15 onwards | Lunch and then relaxing. |
| From 21:00 | Equipment checks for the 1 st start at the station square. For the other starts, the patrols must be on site at latest 45 minutes before the start. |
| | Handing over and check of the technical equipment such as GPS, mobile phone and avalanche transceiver. |
| From 22:00 | Starts at the station square. |

Wednesday, 17th April 2024 (Z1) and Saturday, 20th April 2024 (Z2)

| Further starts | Starts from the station square in accordance with point 2 of appendix 2. |
|----------------|--|
| From 07:00 | The patrols arrive in VERBIER. As soon as they arrive, the equipment will be checked, anti-doping controls by sampling and recovery. |
| At 14:30 | Results and prize-giving ceremony in the PdG-Village. Depending on the race day conditions, the time and location can be changed. |
| After | Distribution of the medals and souvenir-price. |
| At 17:00 | End of timekeeping. |

Remarks in the event of anticipation or postponement

In all cases, it is imperative to follow the instructions of the PdG Command during and outside race days. This is particularly the case if there is an early start or a postponement. For safety reasons, travel in the mountains may be prohibited due to unfavorable weather conditions.

Remarks concerning accommodations

The name of the hotel in which the patrol will be staying will be communicated to the patrol leader in December 2023. The patrol leader is responsible for notifying the accommodation provider directly of any changes within the patrol.

Additional nights (excluding races) must be ordered directly to the accommodation provider assigned to the patrol.

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